

Long Distance**Male**

Position	Name	Swim	Bike	Total time
1	Geoff Williams	8.45	40.05	1.07.40
2	Adrian Clements	7.54	43.10	1.10.40
3	Glenn Mummery	9.09	43.50	1.14.28
4	Harvey Scott	10.40	47.46	1.18.10

Short Distance**Male**

Position	Name	Swim	Bike	Total time
1	Oliver Adams	7.07	36.23	56.53

Female

Position	Name	Swim	Bike	Total time
1	Prue Metcalfe	6.00	35.23	57.28

Fun Distance**Female**

Position	Name	Swim	Bike	Total time
1	Hayley Adams	3.04	16.47	26.04