

Long Triathlon**Men**

Position	Name	Swim	Bike	Total Time
1	Paul Taylor	8.10	39.45	1.04.08
2	Richard Adams	10.20	49.17	1.24.34

Women

Position	Name	Swim	Bike	Total Time
1	Heidi Gratton	8.55	47.26	1.17.49

Short Triathlon**Men**

Position	Name	Swim	Bike	Total Time
1	Mitch Diston	4.52	33.13	47.13
2	Mark Ferguson	6.59	33.34	53.23
3	Oliver Adams	9.28	38.54	58.20

Fun Triathlon**Men**

Position	Name	Swim	Bike	Total Time
1	Harvey Scott	2.59	16.43	26.23

Women

Position	Name	Swim	Bike	Total Time
1	Anslie McKellar	2.40	18.06	28.26
2	Amanda Vosper	2.40	17.07	28.36